

# Menu - July 2009

## WAWATAM AREA SENIOR CENTER

Hours: 5:30 p.m. on Monday, Tuesday, Friday & Saturday  
1:00 p.m. on Sunday

205 Cedar Street, Mackinaw City, MI 49701  
Telephone (231) 436-5323

Sunday 1:00pm	Monday 5:30pm	Tuesday 5:30 pm	Wednesday Closed	Thursday Closed	Friday 5:30pm	Saturday 5:30pm	
<b>MENU SUBJECT TO CHANGE</b>	* JULY 3 * IS BIRTHDAY NIGHT		1  Closed	2  Closed	* Parmesan * 3 Chicken Breast w/Sour Cream & Chives, Brussel Sprouts & Carrots, Mash Potatoes, Fruit & Roll	4  Ground Beef Tacos, with Trimmings, Beans & Rice, Fruit	
	5 Pork Chops & Stuffing, Baked Potato, Green Beans, Fruit & Roll	6 Baked Macaroni & Cheese, Hot Dogs, Peas, Fruit & Roll	7 Beef Stew with Biscuits, Fruit	8  Closed	9  Closed	10 Roast Beef, Mash Potatoes, & Gravy, Carrots, Fruit & Roll	11 Lasagna, Garlic Toast, Mixed Vegetables, Fruit
	12 Baked Ham, Sweet Potatoes, Wax Green Bean Blend, Fruit & Roll	13 Hot Beef Sandwich, Mash Potatoes, Peas, Fruit	14 Pancakes & Sausage, Scrambled Eggs, Hash Browns, Toast, Fruit Juice	15  Closed	16  Closed	17 Baked Fish, Oven Fries, Corn, Fruit & Roll	18 Sweet & Sour Meatballs, Rice or Noodles, Broccoli or Beets, Fruit & Roll
	19 BBQ Chicken, Baked Potato, Green Beans, Fruit & Roll	20 Sheppard's Pie, California Blend Veggie, Fruit & Roll	21 Baked Meatloaf, Mash Potatoes w/Gravy, Carrots, Fruit & Roll	22  Closed	23  Closed	24 Liver & Onions (alternate available) Baked Potato, Peas & Carrots, Fruit & Roll	25  Chef's Choice
	26 Oven Roasted Turkey, Mash Potatoes w/Gravy, Green Beans, Fruit & Roll	27 Chicken Tenders, Oven Roasted Potatoes, Beets, Fruit & Roll	28 Hot Turkey Sandwich w/Mash Potatoes & Gravy, Carrots, Fruit & Roll	29  Closed	30  Closed	31 Swiss Steak, Mash Potatoes, French Style Green Beans, Fruit & Roll	